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NFS provides funding for middle school girls self esteem program

(Erwin, Tenn.) –Nuclear Fuel Services, Inc. (NFS) today provided funds for a program to help Unicoi County middle school-aged girls learn skills to build their own self esteem and healthy lifestyles. The \$2,100 donation will enable up to 15 girls to participate in the 12-week program at a greatly reduced cost.

“Our goal is to enable young people in Unicoi County to reach their fullest potential,” said NFS President and Chief Executive Officer Dwight Ferguson. “This program has proven itself to reduce the potential display of at-risk activities among young girls, including eating disorders, teen pregnancy, substance abuse and depression. We’re excited about positively impacting the lives of young girls in Unicoi County .”

The program, through a Tri-Cities-based chapter of Girls on the Run, is a 12-week course to be held at the Unicoi County Middle School that includes positive, health-oriented activities to build physical, emotional, mental and character skills. The program also includes physical activities culminating in participants being able to complete a five-kilometer non-competitive run by the end of their course.

In conjunction with the Unicoi County Middle School , the NFS funding will cover most of the costs for up to 15 girls to enroll in the program. The funds reduce the cost for enrollment from \$150 to \$10 per girl.

“NFS is truly focused on giving Unicoi County students their best opportunities to succeed in life and this is another example,” said Unicoi County Director of Schools Denise Brown. “Building character and self esteem are valuable traits young girls can build through this program and I encourage the families of middle school-age girls to participate in the program this year.”

Parents interested in either enrolling their daughters in the program or volunteering to assist in the program should contact Ani Boyd, Council Director of the Girls on the Run chapter of

Northeast Tennessee at (423) 677-3595 or inquire at the Unicoi County Middle School
Principal's Office.